

# Cumann na mBunscol Handball Rules

## GUIDELINES FOR COUNTY AND PROVINCIAL STAGES

1. Under 13 Competition is open to all school pupils Under 13 years of age on January 1st. in the year of the competition and the Under 11 Competition is open to all school pupils under 11 years of age on January 1st. in the year of the competition.
2. A school may select one singles and one doubles entry for both boys and girls in each age category.
3. A player may take part in either singles or doubles but not both.
4. The usual rules of handball apply with the following exception. Service alternates after each five points. Players may score in or out of service.
5. Doubles pairs alternate service after each point on all occasions. i.e. Player A serves first, Player B serves second, Player A serves third, Player B serves fourth, Player A serves fifth and then the other pair serve as above. After a further five aces Player B serves, then Player A serves and so on giving each player an equal number of serves. Service alternates after every five points.
6. Games to be played to 11 aces. Aggregate aces of two games decides winner. Tie break to 11, if required. (if level on aces).
7. Participating schools to select their representatives using whatever facilities are available to them. Ideally, alley size of 40 x 20 to be used at county stage
8. County winners to represent at Regional Festival.
9. Regional winners take part in National handball day in Croke Park.
10. This is round robin exhibition tournament as there are no official All-Ireland champions.
11. All competitions use Challenger 2 Ball.
12. Players must wear goggles.

## Handball Playing rules (Simplified)

1. (A) The server stands between the service and short lines and strikes the ball with the hand to the front wall after bouncing it once. If the ball fails to reach the wall the receiver gets an ace. (B) For service in Doubles, the server's partner shall stand in the service box facing the server with both feet on the floor until the served ball passes over the short line. (C) In service the ball must pass over the short line to be in play. Two shorts" results in a score or a (mark) for the opponent (s)
2. The receiver stands outside the short line. The receiver must return the ball to the front wall after one bounce (or before the ball bounces) If the ball fails to strike the front wall the opponent receives a score (a mark)
3. The order of service is decided by tossing a coin.